



March

Eat to Empower is a community dining initiative benefiting the Mountain Lake Services Foundation. Throughout March, participating restaurants donate proceeds from featured items to support inclusive programs, advocacy, and opportunities for people with developmental disabilities. When you dine out, you're helping create access, independence, and opportunity in our community.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 WINTON'S 1898 TAVERN	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

2026

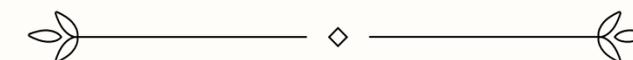


is proud to partner with the Mountain Lake Services Foundation during Developmental Disabilities Awareness Month

Featured Dish

*Lunch Option:
Turkey Club Sandwich
Dinner Option: Chicken Marsala*

*All Proceeds Support
the Mountain Lake Services Foundation
March 17-31*



Your meal makes a difference in promoting independence, inclusion, and opportunity for individuals with developmental disabilities.

Learn how you can continue supporting inclusive programs and strengthen community connections across Essex County beyond tonight by visiting:
www.mlsfoundation.org

Inclusion | Opportunity | Community